

Thank you for showing interest in www.multidimensions.com. If you wish to unsubscribe to this newsletter please do so at the bottom of the page. On the other hand, if this email has been forwarded to you and you wish to subscribe, email me at suzancaroll@multidimensions.com and place SUBSCRIBE in the subject line or click "Join Email List" at: http://www.multidimensions.com/TheVision/newsletter.html.



SPECIAL ANNOUNCEMENT

Join us for a Webinar on December 21
Through the Wisdom, Power and Love of our true SELF,
we work as ONE Being to create New Earth.

Reserve your Webinar seat now at: https://www1.gotomeeting.com/register/406279881
Please join us for this complimentary webinar that celebrates the Winter Solstice, which allows us the time to go inside, be quiet and prepare for the year ahead of 2012. Register now to receive webinar codes.

Title: A Quantum Journey to Birth a New SELF Date: Wednesday, December 21, 2011 Time: 4:00 PM - 5:00 PM PST



Return to New Earth
Introduction by the Arcturians

Our Dearest Ascending Ones,

We are happy that you have been able to maintain the consciousness of unconditional love since you opened your Doorway to New Earth.

It is the continuous FEEL of unconditional love that assures our ascending ones that they are "in the process of creating New Earth." We know that you all will experience some moments of fear-based third dimensional thinking, but we want you to realize that those moments are not a "failure" in any way. Instead, they are moments when you have temporarily returned to "habit."

Habit is the primary survival mechanism that you have created in order to survive the extremely challenging time of the close Kali Yuga (the final 2,000 years of the third dimensional reality). These habits were not bad; they were necessary. Therefore, do not judge yourself. Instead, congratulate yourself. Being consciousness of old habits is a huge achievement, as they hide in your unconscious and deep subconscious mind. Habits are the "primary survival mechanisms" on which all of your programs of behavior were written. Hence, they are the ones and zeros of your third dimensional thinking.

However, as you release your third dimensional thinking, you automatically release the baseline programing that has been the foundation of that thinking. Because of this, you do not need to delve deeply into your past to heal it. Now, you can simply love it free with the power of your unconditional self-love, which is the higher-frequency format of your multidimensional thinking. Multidimensional thinking is truly the only way in which you can fully understand your ascension process of creating New Earth.

Yes, beloved ones, because you have volunteered to assist Gaia with Her transmutation back to SELF, you have joined in a wonderful experiment that all the multiverse is observing with encouragement and unconditional love. Before the advent of "time" many Souls decided to join together to create the adventure of being a planet. Some of you wanted to experience being the actual body of the planet, which was destined to enter into the lower frequencies of

polarity and separation. Therefore, you became members of the Mineral Kingdom to partner with the fourth dimensional Elementals, the Gnomes.

Some of you wanted to be members of the Plant Kingdom, who would work in unity with the Sylph Elementals of the air and the Undine Elementals of the water to beautify the body of Gaia. Others of you volunteered to become members of the Animal Kingdom, and unify your efforts with the Fire Elements to ground the Cosmic Light into Gaia's body. For eons, the third and fourth dimensionals lived in cooperation, harmony and great peace. The Blue Planet, Earth, was one of the most beautiful jewels in this Local Universe.

Many developing civilizations visited Gaia to experience Her beauty and peace. However, since these civilizations were still "adolescents" in their development, they were often selfish and took from Gaia without replacing what they had taken. They experimented with her Kingdoms, especially the Animal Kingdom, to attempt to create workers for their selfish needs. Wars were fought and dear Gaia was left on the edge of annihilation more times than She would wish to count.

Again and again, She had to call upon her fourth dimensional Elemental Kingdom and Her sponsors in the higher dimensions to pull Her from the grasp of destruction. However, being the brave Being that She is, she repeatedly rebuilt Her body, with the assistance of Her higher dimensional supporters, and returned to Her true beauty and splendor. Now, She is complete with Her experience of being a polarized being of form. She has learned all the lessons that Her third and fourth dimensional expressions of SELF desired to experience, and She is ascending into her fifth dimensional expression of New Earth.

We wish to tell you that ALL of you "waited in line" and "signed petitions" to have the great honor of incarnating on Earth at this "time." Just as Gaia had no idea how challenging a polarized body could be, many of you who lowered your great multidimensional essence into your current clay vessel, were greatly surprised by how difficult it is to live within the illusion of separation from the ONE. However, many of you are members of Gaia's first manifestation and have returned to assist Her with Her transmutation into New Earth. Hence, you have met your many challenges with bravery and great dedication to your Mother Earth.

Others of you were members of the first civilizations that inhabited Her form, who returned at the Fall of Atlantis to add your great light and save Her from total obliteration. When you entered Her planet at the time, you volunteered to join the Circle of Death and Rebirth until Her final victory of ascension. Those of you who made that great sacrifice to lower your multidimensional consciousness into a third dimensional form are ALL incarnated or living within Her aura to assist with the great Planetary Ascension.

Dear ones, you were Her Priests and Priestesses, Her warriors and Her creators. You suffered many lives of war, poverty and subjugation. Fortunately, you also lived some glorious lives of wisdom, power and love. However, just like Gaia, you are now feeling complete with the experience of polarity and have incarnated one last time to assist your beloved planet Home into Her fifth dimensional expression.

We, the Galactics, many of whom have also held an embodiment on Gaia, assist you from the

higher dimensions. We are your supporters, your advisors and we are YOU. Yes, many of us have sent an imprint of our consciousness into a third dimensional form to be in the "front lines" of Planetary Ascension. We are joyous that most of our grounded expressions are awake and communing with us on a regular basis. In fact, you are communing with us on a continual basis, for we are now ONE with our grounded expressions-our ascending ones. If any of you feel that you are not connected to your Galactic and Celestial Source, do not be discouraged. Each of you has a "flash point" of returning to your SELF which was decided before your birth.

You may not have come to that flash point yet, or you have and have not acknowledged it, which is probably because you are still in the grips of habit. You are not alone. We are with you. In fact, we are YOU! We are here now to assist you in releasing the habit of separation so that you can more easily return to your forgotten habit of being fifth dimensional and living in unity with all life.

Listen to the silent voice that caresses your High Heart and perceive the visions of New Earth that flicker into your Opened Third Eye. Polarity is closing and unity is returning. Time is over and the separation from your SELF that Time created is ending. You do not need to "do" anything for "doing" is a third dimensional concept, whereas "being" is a multidimensional concept. Hence, all you need "do" is to BE your SELF.

As you continually and consciously return to your true, Multidimensional SELF, you will increasingly hear your constant communication with your SELF and perceive the higher frequencies of reality that were closed to your third dimensional perception. It is true that you are creating New Earth, but since time is an illusion, it is also true that you are returning to New Earth.

However, while you continue the habit of time-bound thinking, you are bound to third dimensional perceptions. On the other hand, as you continually download and integrate your Multidimensional SELF into your daily life, you will gradually, or swiftly, return to multidimensional thinking. Remember, practice makes perfect. Actually, it is correct to say that the practice of being your SELF will allow you to return to the YOU that has always been perfect.

- Therefore, we ask that you close your eyes and take a deep inhale and long, slow exhale to calibrate your perceptions to your innate, Multidimensional SELF.
- Continue your deep breathing until you feel your consciousness expand into the higher frequencies.
- With your physical eyes closed, open your Third Eye to perceive the higher frequencies of reality that are intermingling with your physical reality.
- You will be able to discern between "fifth-dimension-and-beyond" and "fourth-dimension-and-below" by the feeling in your High Heart.

Please do this process now...

Please practice this exercise as often as you can. Just take a few moments throughout your busy day to close your eyes, breathe deeply, see through your Third Eye and use your High

Heart to discern old-Earth from New-Earth. Initially, you may need to close your physical eyes to shut out the third dimensional stimuli in order to see through your Third Eye. Also, we wish to remind you that the higher frequencies of reality are not bound by the stark edges and bright colors of the physical world. Fifth dimensional colors are an octave up from third/fourth dimensional colors. Therefore, they are filled with more light and often have a silver over-glow.

There are no "edges" and sharp boundaries in the fifth dimension and beyond. Objects, persons and places seem to waver, much like a reflection on a still pond. Once you are fully "within that pond" the wavering motion will decrease and become "normal." Therefore, if you see wavering, unique colors of unknown form, you are most likely perceiving New Earth. If you were a blind person for all of your life and suddenly had a surgery that total restored your vision, you would see the world around you, but you would have no neural connections to your brain to identify that which you could see.

In the same manner, you have spent myriad lives on Gaia in which you only returned to the fourth dimension upon your birth or even in your meditations. Therefore, your neural connections to your Multidimensional Soul have been forgotten and need to be restored. It is through practice and patience that you will restore these connections enough to be able to identify that which you are seeing. Be patient with yourselves, Beloveds, for you are returning to New Earth much as new babes. Fortunately, we, the Galactics and the Celestials, are here to assist you in your remembering.

We say remembering rather than learning, for you are as much a Galactic and a Celestial as those who are assisting you. It is just that you will need practice to remember what you have always known, but have forgotten. Therefore, as you practice the above exercise, relax into the experience and allow yourself the illusion of time to accustom to your Multidimensional SELF. You are just awakening from a very long dream, which you thought was reality.

As you practice discerning between "old 3D Earth" and "new Multidimensional Earth," remember to ALWAYS follow the feeling of unconditional love. That feeling of unconditional love is your High Heart saying,

"This is the feel of New Earth.

Place your attention there, for 'Where you attention is, there you are also.'"

First Entry

The Open Doorway

I had a dream, or was it real? Perhaps, I was in-between the fourth dimensional world of sleep and the third dimensional world, in which I thought I was awake. However, after what just happened, I know that I am awakening to another world. I saw that "other world" for just a brief minute. First, I saw a Doorway opening in my Third Eye through which I saw this world to which I am NOW awakening. I could not yet enter that world, but I could see it just past an invisible threshold. But then I fell back into what I have known as sleep. Did I cross that threshold then, and I forgot it once I awoke? I will have to meditate and see if I can cross that threshold again.

I enter my meditation room and relax into my chair. I know that if I try to control my meditation, it will not work, for the "I" that wants to control it is my ego. Therefore, I settle back into the chair and take some deep breaths. I surrender to the feeling that arises as I begin to go into a higher state of consciousness. Yes, there it is again, the opening Doorway. This time I slip easily across the threshold for I have surrendered to my Soul. At first, I can't see very clearly as I have not adapted to this frequency of reality. I know from my sensations that I am in the fifth dimension, and I am pretty sure I am on New Earth.

I am still a bit out-of-sync with this resonance. Hence, I can only vaguely perceive my surroundings, but I can't interact with it. It is as if I am a ghost in that I can see things, but my hand cannot grasp them, nor can I get anyone's attention. I take a moment to breathe deeply again and surrender completely to this process. I allow all thoughts of "what I have left behind" to flow from my awareness and focus my attention on this new reality. Actually, I sense that this reality is not new because it feels familiar, yet different. Perhaps, it is I who is different.

I have had myriad incarnations in the third and fourth dimensions, with only a few excursions back into the fifth dimensional realm. It was an agreement we made when we came here from Venus. Actually, we came from the Galactic Worlds that once "grew-up" on Gaia and then moved out on their own. We saw that, once again, the humans had almost destroyed Gaia, so we answered Her call. As I see Gaia in Her fifth dimensional expression once again, I remember my Homeland. I was Arcturian but had many experiences on Sirius A and Sirius B, Pleiades, and Antares. Since I was somewhat confined to Earth after my first arrival there, I spent many lives in the realm of Faerie and on my beloved Venus.

But enough of me now, it is just that returning to this frequency brings back so many memories that could not easily resonate in the brain of my third dimensional earth vessel. I can feel the freedom from that vessel now. I feel as light as a feather and as expanded as a soaring Eagle. Reviewing my past has helped me to remember how to adapt to this frequency of reality. I close my eyes and focus on my breath. I place my hands on my High Heart and feel how the resonance of this reality fills it with the peace and calm of unconditional love. Releasing my connection to the circuitry of my physical eyes, I find that I can use my Third Eye to see more clearly, as well as in all directions.

My human brain is straining to see in all directions at once, so I stop my dialogue to share this sensation with my physical self. As I send that vision to her, her consciousness instantly expands, as does mine. We are still ONE, my grounded self and I, as I am bi-locating. In other words, I am on New Earth, but I am also sitting in a chair on 3D earth typing my experiences into a computer. When I think of my physical self, I feel the challenges that she has to face. In order for her to consciously bi-locate, she has had to learn a greater detachment from the many challenges of physical Earth. At the same time, she has had to create a deeper bonding to Gaia and to those with whom she shares a love relationship. These love relationships with "family that are friends" and "friends that are family."

There are also many with whom she shares her passion for Earth and their dedication to assist Gaia to return to Her fifth dimensional expression of New Earth. It may seem confusing that Earth is becoming New Earth, while New Earth already exists. This confusion is one of the elements of the timeless NOW of the fifth dimension that I am adapting to, both now and

within my physical form. My form on New Earth is of a finer, higher frequency with wavering boundaries and a more flowing shape.

In fact, I wonder if I can move this form to other areas of New Earth and interact with this wonderful reality. I will begin by closing my eyes and breathing deeply to better absorb the multidimensional light and unconditional love of this resonance. As I slowly open my eyes, I see that I am at the seashore. The waves create a lovely tone as they gently break upon the shore. The sky is what I would call foggy on 3D Earth, but the colors are shades of pink and blue, not gray. However, the pink and blue are of a different hue and vitality than I have ever seen on physical Earth.

I know that there are other forms here, some humanoid, some beings that look somewhat like birds and other life forms that I have not seen since before I began my long sojourn on Gaia. I am still a bit out of sync with these beings, so I cannot interact with them. However, I feel the love and support they send towards me, as they welcome me back again. Have I been here before and forgotten? "You have never left," is the unanimous response that I receive from all the life around me. Yes, all the life, even the sand, the water and the sky seems to speak to me. I hear them say, "Go to your beach, and bring our frequency with you."

Well, I am back in my body and off to the beach. I wonder if it will look different now.

Second Entry

Entering Group Consciousness

Hello again. I am the young man who first began this journal. Oh, by the way, I was called Bob on Matrix Earth. I need to use my name, as I see that another person is entering her arrival in my NOW of New Earth. It is great to see how our timelines have intermingled. I wonder if that is why I felt I had to write this journal. Maybe, I was listening to that Inner Voice the Friends keep telling us to follow. I wonder what will happen when our timelines completely merge. Will we return to ONE world again, or will we still remain one of the myriad versions of Earth flowing through the essence of multidimensional realities.

Yes, there are many versions of Earth, some fully ascended, such as mine, and some newly ascending. The woman who just wrote in my journal is on the verge of arrival in this reality. She can visit us, but she can't interact with us yet. If she keeps trying, she will eventually see us here offering a helpful hand. Oh, you are wondering how someone else could write in my journal. As you may have guessed, we use our biological quantum computers to write our journals. Since we are all ONE here, everything we write in our journals are open for everyone to share.

Because the computers we write our journals in are a biological, they operate much as your Blogs in which anyone can make an entry. Furthermore, because they are quantum, they are not time-bound. These computers are extremely cool. We can ask any question we want, and the answer will instantly appear. The process is much like typing a question into a 3D search engine and choosing from the many possible answers. I say possible answers because different types of realities would have their own answers for the same question.

Oh, there is another new arrival. This person is almost able to stabilize her frequency rate to our resonance. I am going to log off for a moment and see if I can be of assistance...

Hello again. I am back. We have an agreement here that whenever a New Being appears, we stop what we are doing to offer assistance. I say "being" rather than "person" because non-human life forms are also entering this higher frequency version of Earth. In fact, many of the animals and plants that have become "extinct" on Matrix Earth are alive and well on New Earth. Since all life here is conscious and able to communicate with other life forms, we are able to assist plants, animals and fourth dimensional Elementals, as well as humans.

It is a wonderful experience for us to be able to communicate with animals, plants and the fourth dimensional Sylphs (air Elementals), Undines (Water Elementals), Gnomes (Earth Elementals) and Salamanders (Fire Elementals). These wonderful Beings do not speak English, as I am doing now, but neither do we. We speak a language here that is free of time and space. It is the language that plants, animals and fourth dimensionals have always spoken. Hence, they are quite amazed and pleased that we can communicate with them. It is also an amazing experience for us, especially we New Human Ones, as we have been separate from Nature for myriad incarnations on physical Earth. On the other hand, the plants, animals and fourth dimensionals have always communed.

Learning this manner of communication, which we call Light Language, is one of the biggest challenges for the New Ones. They try to move their tongues and express separate works in a linear fashion. This manner of communication is appropriate for a reality based on separation and the linear notions that come from time. However, it does not word in a reality which resonates to the HERE and NOW. Communication in New Earth is a form of communing with each other by merging our consciousness. In this manner, pictures, emotions and thought-forms are transferred to each other, as well as into the Group Consciousness.

In fact, whenever there is a new arrival, their entire history of incarnations in duality is instantly copied to the crystalline field that contains our world. This information also goes into the Quantum Biological Computers that we can all access. When we first come here, we usually access this "computer" via an interface within our living quarters. However, as we adapt to our new life, we realize that we can simply direct our thoughts into the Group Consciousness of the crystalline field and the answer will instantly be available.

Since New Earth serves as an interface between the third/fourth dimension and the mid-fifth dimension, there are many "devices" or "machines" for the New Ones to use until they can become comfortable with their own powers within our Group Consciousness. However, communication is their second challenge upon entering our world. Their first challenge is to master totally their every thought and emotion so that they can stay here.

Remember when I said that I often helped Matrix Earth when I first arrived? That is, of course, correct, for I was assisting those who needed proof that they would not die if they surrendered to our resonance. But, in reality, I first returned to Matrix Earth because I could not release totally all fear-based thoughts and emotions. Fear-based thoughts and emotions are created when we feel limited and separate from any person, place or even that which we have thought of as a "thing." Since the New Ones come here with the habit of separation, so many different forms of life often frighten them.

Furthermore, many are new to the concept of thought transference and believe they cannot communicate with these different forms of beings. We transfer our thoughts to the New Ones, but that often frightens them, which lowers their consciousness back to the third/fourth dimension. Because of this, many of us are using whatever means we find within our expanding creativity to educate the "3D Ones," which is a name we use to identify those who are still resonating to Matrix Earth. We know that education and love are the best ways to heal fear. Therefore, we have many individual and group meditations to send the 3D Ones our unconditional love.

An Individual Meditation is where our body is alone and we tune into the Group Mind and meditate. On the other hand, a Group Meditation is when many of us gather together, connect with the Group Mind and meditate. You see, the Group Mind is our window into the ONE. New Earth resonates to the lower octaves of the fifth dimension and serves as a "halfway" where we can still maintain many concepts, traditions and habits from our long sojourn into the third/fourth dimension. In this manner, our adaptation to a totally different concept of life can be gradual. Also, many of us are greatly enjoying the transitional stage in which all that we wished we could experience on Matrix Earth is HERE, NOW.

New Earth no longer have the experiences of separation and limitation, as we did on third/fourth dimensional Earth. Therefore, we do into perceive a line, or threshold, which divides New Earth from 3D Matrix Earth. From our point of view, we are in the process of a gradual, or swift, alteration in our thoughts, feelings, states of consciousness, perceptions and creative force. Our adjustment to this reality is an ongoing adventure filled with unconditional love, unity and adventure.

We welcome you to join our adventure. Just "let go" and surrender to the love and light that is filling your world. We can see you, and, soon, you will see us.

Third Entry

Protecting the Embryo

We, the Group Mind of New Earth want you to know that inside of each of you is the embryo of New Earth. Since all of you are ONE within your SELF, all of you are New Earth. Each of our dear ascending ones has within them their personal expression of "life on New Earth," which they will contribute to the ONE expression of life on fifth dimensional New Earth. You have all protected this embryo and many of you have consciously expanded it, as it is a new kind of feeling within you, as well as a thought form that you never dared express before now.

Because your outer world (your life in the 3D Game) was so filled with fear, danger and hard work, you did not feel this embryo until now, you were so busy facing the many challenges of survival on the physical plane that you had no time to look within. In fact, even if you often did look within, you could not perceive this embryo for your Soul had placed it in an inter-dimensional capsule. Now, with the frequency of Gaia constantly rising and your multidimensional consciousness expanding, you are having glimpses of this embryo.

We ask you to take a moment to feel this new sensation deep within your Being. Imagine a small embryo, wound up like a Mobius coil, slowly and steadily growing within your High

Heart. You have carried this embryo within your Three Fold Flame in every incarnation, but the frequency of Earth light was usually too low for the embryo to start the process of rebirth.

Allow yourself to FEEL the inner sweetness that can only come from innocence and purity. Feed this embryo with your unconditional love as you allow the multidimensional light entering Earth to, also, enter the embryo in your heart. FEEL this delicate new place within you and protect it with your life. Notice the food that allows this embryo to grow and the food that can actually cause it pain. Tune into this virgin place within that has never been tarnished by the harshness and stress of daily life.

FEEL how delicate and new this inner promise of SELF is. Observe the thoughts, emotions, people, places and things that make you forget this the SELF. Turn around inside yourself and look directly into this embryo of your New SELF. Allow its immense sweetness and ancient wisdom to flow into your consciousness. Remember times in your life when you experienced a whisper of its presence, but you forgot it in the "work" of daily life. As you look into this embryo of your fifth dimensional SELF, vow to protect it from that, which lowers your consciousness and makes you forget the YOU that you are becoming.

Determine to create the life in which your embryo can move out of its cocoon and fill your present form with multidimensional memory. Feed this embryo unconditional love by making choices that allow you to have time to nurture your emerging SELF. As you go about your day, remember to caress your High Heart and send a brief message of recognition to your fifth dimensional embryo. It is this growing expression of your SELF who is your passport to New Earth. New Earth is not a place. It is a frequency.

You will "become" New Earth as you raise the frequency of your third dimensional thinking into the steady flow of multidimensional thinking and transmute your emotional responses to unconditional love. As you go about your daily life, remember to ask, "How will my New SELF respond to this situation?" Become aware of the areas of your life that feed your growing experience of Being and release that which drags you into the mire of drudgery and forgetfulness. In this manner, you will create a live filled with the sweetness, love, creativity and adventure in which your New SELF can thrive.

See this new you in the eyes of children, your mate, your best friends, your colleagues at work, the faces that pass you on the street and the checker at the grocery store.

Most of all, see your New SELF in the mirror as you look into your eyes and say,

"I AM becoming my New SELF!"



Meditation for Creating New Earth

The first place to do this meditation is in your home. This is the place where your physical form seeks shelter and protection. Find your favorite place of meditation and go so deep within yourself that you hear your SELF say:

I AM deep in the caves of the Mother once again.

I feel the Love of the Mother about me.

I give thanksgiving to Her for allowing me to live upon Her form and assist Her with Her return.

I feel myself within the Mother, and I feel the Mother within me. I listen within my heart for Her personal message.

"Beloved Ones, I AM Gaia-I AM your Mother Earth.



I speak to you from the North

In the North I AM high, snow-capped mountains and forests of tall, green trees. I touch the sky and carry the mountains. Feel me about you and within you. My love is a transpersonal energy field that raises you above the wows of daily life and provides you with a strong foundation.

Feel how my love reminds you to love and support all life.



I speak to you from the East

In the East I AM the rising sun and vast horizons. Feel me around and within you. I welcome each new day with love so that I may, once again, celebrate all life. My love is a service to be given away without need for return or compensation. Feel how my love urges you to greet each new day with joy and unconditional love.



I speak to your from the South

In the South I AM rain forests and dense jungles.

Observe how my great abundance is around and within your daily life.

My love is continuous through all dimensions of life.

Feel how my love allows you to expand your consciousness into your higher expressions of SELF.



I speak to you from the West

In the West I AM the setting sun and deep oceans.

Feel how my love assists you to release that which has come to completion.

My love creates the union of the Sun and Sea so that ALL your emotions can be transmuted into joy, unity and unconditional love.

The third dimension is being transmuted into the fourth, and the fourth into the fifth. Now as we, people and planet, welcome and embrace our higher SELF, I ask that my humans remember how to live in unconditional love and unity with all of my life forms.

In this manner, we will create the WAY Home to New Earth, which resonates beyond time and space in the ONE of the eternal NOW! Feel your frequency rising and Know that WE ARE ONE.

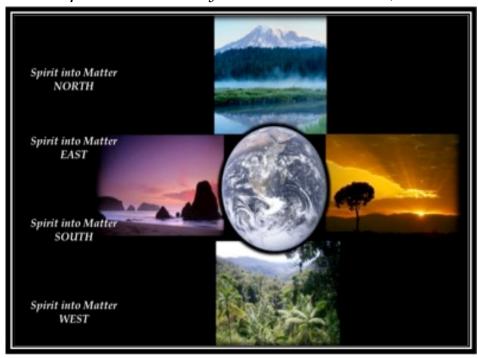
Dear People of my Planet,

I also ask that you assist me to restore the true beauty and vibrant life of my true form. Hence, whenever you experience any ripples of dissonance or disharmony in your human or planetary body, I ask that you call the higher frequencies of Spirit into the physical frequency of Matter. Through transmuting your personal and planetary body, you assist me in creating OUR New Earth.

In this way we can work a ONE Being to:
Welcome the dawning of a new reality,
Create this reality with the force of our unconditional love,
Unite with our higher expressions on New Earth and
Transmute our physical bodies into our light bodies of New Earth.

Furthermore, to return me, Gaia, to my fullest power, I ask that you assist me in regain ALL my Wisdom, Power and Love by decreeing:

"I AM a Portal through which the Spirit enters the Matter of Earth." I AM ONE with the Portal and ONE with the Earth" As I open the Portal to my Multidimensional SELF, I Decree:



Within the power of my Multidimensional experiences, I remember that I AM Spirit and I AM Matter

Within the wisdom of my Multidimensional SELF I Know that I AM the Portal of Spirit into Matter

Through my Creative Force of unconditional love I awaken the Form of New Earth

As I awaken each morning I AM the Portal to New Earth

As I walk through my daily life I AM the Portal to New Earth

As I fall asleep every night I AM the Portal

The realities, old and the new, are within ME. The two realities are around ME.

Where MY attention is-there I AM also. Therefore, I focus my attention on the FACT that:

I AM the Portal through which the New Earth is born. I AM the Vessel in which the New Earth gestates.

Everywhere I choose to look-I see New Earth. Everything I choose to hear-I hear New Earth.

With every word I speak-I Create New Earth. With every choice I make-I Choose New Earth. With every step I take--I Ground New Earth.

> I Am, I See, I Hear, I Speak, I Create, I Choose, I Ground, NEW EARTH

> > I AM Lightbody Gaia is Lightbody I AM Gaia

We are going HOME And HOME is where we have ALWAYS been.

> The Circle is Complete ONE into ALL And ALL into ONE



Closing Message from Gaia

My Dear Human Ones,

Please remember that YOU are the creators of New Earth. YOU are Elohim, the creators and holders of form. I, the Heart and Soul of New Earth, am alive within your NOW! Dear Human Elohim, when you feel my fifth dimensional expression within you, you can manifest it into your daily life. In fact, you are doing so NOW!



Integrating Your Third Eye Your Crown of the Elohim Part 1- Becoming Elohim



Integrating Your Third Eye With Your Personal and Planetary Chakras
Part 2-Becoming Earth

 $\underline{http://www.youtube.com/user/suzannelie\#p/u/0/5l9jWxurEuY}$



Quick Links...

You may Also visit:

http://suzanneliephd.blogspot.com

http://www.youtube.com/user/suzannelie

http://www.multidimensions.com/TheVision/meditationdownloads.html

www.multidimensions.com

www.suzanneliephd.com

http://www.facebook.com/pages/Suzanne-Lie-PhD/143718118984586