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CREATING YOUR REALITY

MYTRE SPEAKS:

I continue my story during a time when our Pleiadian Ascension was entering the same ascension phase as your Earth. This phase is the process of integrating the higher frequency light into your earth vessel, emotions and neural synapses of thought and action. This integration of higher light enables you to awaken your innate potential as the creator of your reality.

While in your physical body you explored your creativity through art, music, science, and many other expressions. Now, with your Multidimensional Operating System online, you are gradually integrating your Multidimensional System into your physical brain and remembering how to be the creator of your reality.

When Mytria and I spent our time together with the Mother, we were instructed to fully embrace the escalating electromagnetic fields of light that were bombarding our planet. These energies were activating synapses in our brains, which allowed us to absorb new information. Hence, Mytria was able to open the Portal into the Core of the planet, and I was able to steer the Starship with my mind.

In order to come into these initiations, we had to release ALL of our old patterns of thought and emotion. Free of these limiting patterns of thought and energy, we could surrender to the unknown and enter the chaos of immense change. You, our ascending friends on Earth, are NOW being call upon to undergo that same process by: Releasing limitation, Surrendering to the unknown, Entering the chaos, Acting in a novel fashion.

Releasing Limitation

When you realize that you must release old patterns of limitation you are faced with the realization that YOU are the creator of your life. Since you do NOT know how you can make the best choices, you recognize that all you can do is to surrender to the chaos of extreme change.

When your patterns of limitation are broken, you are propelled into great evolutionary leaps of consciousness. Through this higher consciousness you can more easily integrate the higher light and become a Master of Energy.

When I had to leave Mytria at the very moment that our daughter was being born, http://creatingnewearth.com/ascension-articles/pleadian-perspective-on-ascension/ my heart was broken and my mind was in total chaos. I was faced with an impossible situation. I needed to be with my wife and birthing child, but I also had to make their reality safe. Then, when our Space Craft was attacked and the controls were down, I was able to connect with an innate ability I never knew I had to move and steer the Ship with my mind.

We did make it to the nearest Arcturian Starship, but just barely. Fortunately, they had picked a signal up that our wounded ship was approaching them and came to our rescue. We were immediately taken to their Restoration Chamber. Being in this Chamber not only restored me to my former health, but it also stabilized the new neural synapses that I had activated when I moved the Ship.

My Final Initiation of bilocating myself to visit and assist Mytria during her Final Initiation of opening the Portal moved us both into a higher frequency of expression. From this higher frequency of expression, we can better assist you in remembering your innate abilities that have been forgotten during your long sojourn into the third dimension. Just as the Arcturians often told me, it is important that you know that you are NOT learning. You are REMEMBERING.

Learning can cause a fear of failure and doubt about whether or not you can learn. On the other hand, remembering, although frustrating at times, forces you to recognize your higher expressions of SELF, a great antidote for any fear. However, there are many emotions that you will need to embrace and release during your deep communications with your true SELF.

Surrendering to the Unknown

The earth vessel that you are wearing was created from the third dimensional elements and the fourth dimensional Elementals that enliven your form. However, Earth is raising Her resonance. Since matching the resonance with a given reality is how you adhere to that world, you will need to match your resonance with ascending Earth to continue your personal ascension.

In other words, in order to remain attached to the Matrix of Ascending Earth, you must surrender to the unknown in order stay in entrainment with the frequency of Gaia's Earth. Entrainment is the practice of matching your brainwaves to a desired frequencywhereby you and other oscillating systems can interact to assume the same frequency of expression.

Therefore, when you match your energy field with the electromagnetic field of Earth, Her rise in frequency will pull you along in Her wake. In the same manner, your personal ascension energy field assists the planetary ascension. Through entrainment, the higher frequencies of light that are bombarding Earth change not only Earth but all Her inhabitants, as well.

The resonant frequency of any reality must be matched, entrained, in order for you to experience that frequency of reality. Many of you have begun your inter-dimensional explorations and are finding that fact to be true. What you may not have discovered, yet, is that you CAN do anything you place your intention on and fill with unconditional love.

Your thoughts are your personal light synapses that entrain your thinking with the different frequencies of your mental light matrix. Furthermore, you can entrain your mental matrix with any possible realty by projecting unconditional love onto that matrix.

The unconditional love both opens the Portal into that reality and binds you to that reality. Unfortunately, a forgotten program is an unused program. Therefore, many of your higher frequency mental programs have been forgotten. Auspiciously, it is during this phase of ascension that your multidimensional memory returns.

Embracing the Chaos

As I said at the beginning of my message, your reality is in the same phase of ascension as our reality was when I opened my mind to my innate powers. There are many extreme changes that must be made during this phase of ascension because the old, third/fourth-dimensional patterns are in juxtaposition with the incoming, fifth-dimensional energy patterns. These conflicting energy patterns create the chaos that precedes great change.

In order to entrain your energy with the fifth dimensional energy, you must release all your third dimensional thinking, emotions, habits and behaviors. If you choose to ignore what is going on around you rather than surrendering to the chaos of radical change, you will remain entrained with the third dimension and will not stay entrained with the fifth dimensional energies of ascending Earth.

When you must adapt in order to survive and/or stay the course of ascension, you find the courage to enter the chaos. Happily, leaving the familiar allows you to begin the activation of long-forgotten matrixes within your brain. Fortunately, when you are faced with a new challenge, you can find the courage to enter the unknown with an open mind.

It is the open mind that is so vital. If you judge a possible shift in your thinking, you will close that door and remain stuck in patterns of thought that have become obsolete. You ascending ones are in the same situation that I was on the Ship. If you do not find a way to call upon your forgotten resources, you will not be able to experience the long awaited "take off" into new territories of reality.

If moving into the unknown frightens you, think how afraid you will be if you miss this moment. Fear is very illogical and can be contained by logical thinking. As soon as you speak to your fear, you are in a superior position to that emotion. This is what I had to do on the Ship when I was afraid that I could not move the Ship with my mind.

First, I had to calm my fear by telling it, "Thank you for sharing that we are in a dangerous situation. Listen to me Fear, I need you to calm down NOW so that I can take charge of this situation." Once you talk to your fear in an authoritative

manner, your consciousness raises beyond the unconscious reaction of Fight/Flight and into the consciousness of mastery of your energy.

Also, if you continually monitor the thoughts that you allow to stay in your mind and the emotions that fill your body, you are already becoming the authority over the energy field that you hold in your body and project out into your world. In fact, becoming the Master of your Energy is the basis of activating your multidimensional perceptions and abilities.

Acting in a novel fashion

This chaos forces you to adapt by engaging in deep introspection so that you can call upon forgotten resources. Through this deep inner inspection you will re-connect with your multidimensional thinking. Your multidimensional thinking is coded to receive the Light Language of the higher frequencies of reality. Then, via Light Language, you will receive all the assistance that you need in order to act in a novel fashion.

Your first novel action will be to project your consciousness into the Core of any person, place or thing with which you are interacting. In order to project your mind into the Core of that which you wish to interact or alter, you must first go into the Core of your SELF.

It is through your own Core that you enter into the NOW. Your Multidimensional SELF lives in the NOW, and is in constant connection with your third/fourth dimensional expression serving as your anchor into Earth. TIME is your anchor to the physical plane. Time, as you know it, only exists in the third/fourth dimension. It is your attachment to time that pulls you OUT of the NOW of the ONE.

Within the NOW, you are also within the ONE. When you are ONE with all life, you can commune with every particle of reality and request that it agrees to follow your request. In other words, the effort of guiding the Ship with my mind was, primarily, the effort that it took for me to calm my fears and enter the NOW.

Once I was in the NOW, I was ONE with the multidimensional matrix of the Ship. Therefore, I could ignore the portions of the Ship that were offline and activate the fourth dimensional matrix, which was beyond any physical destruction.

Within the NOW of the ONE, which is best accessed through your own Core, you can connect with the higher frequency matrix of any manifestation to repair, activate and/or enter that matrix. Also, within the NOW you are free of time and can easily move along the time spectrum to make changes in the matrix.

In fact, entering the time matrix of Earth has often been used to correct a course of possible destruction. Unfortunately, this skill can be, and has been, misused to control and dominate. This misuse of Earth's planetary timeline matrix is a primary reason why we Galactics have been given permission to assist a free will planet.

I will return soon to discuss the process of Mind over Matter in greater depth. Mytre of the Ashtar command

SPONTANEOUS AWAKENING

MYTRE CONTINUES:

At this point in your Personal/Planetary Ascension Process, more and more of you are having Spontaneous Awakenings. These awakenings often occur after a long bout of depression, anxiety, illness or "bad luck." These awakenings occur because the multidimensional light bombarding your planet is so intense that the light quotient of humanity is raising to Critical Mass. Light quotient is not the same as majority of people.

At this point, the majority of humans are still struggling through the third/fourth dimension. However, the light of the awakened ones is so intense that it over-shines the darkness of those who are lost in the briar patch of third dimensional turmoil. In fact, an awakened person holds ten times lighter than their un-awakened companions.

The differences between the two expressions of human consciousness create chaotic energy fields because the juxtaposition between the third/fourth and fifth dimensional parallel realities is causing a paradigm shift in your world. It was the same in my world when we entered this phase of ascension.

You, the awakening ones can no longer hide in your illusions. Thus, you must enter into the chaos of the many changes that are occurring within the NOW of your reality. It is the shift from the perceived safety of a familiar and apparently ordered world that is causing the Spontaneous Awakening.

The lies that you have been told, and that you have told yourself to make life "good enough," no longer work to hide your disillusionment. The "things" you buy do not give you the same pleasure, those important people you befriended are no longer interesting, that job that gave you so much prestige has become a hollow victory, and the money you worked so hard

to make is gone before you can enjoy it. "What is this all about?" you ponder.

What you may not know is that your higher expression of SELF is looking you over and waiting for this very opportunity to jar your comfortable denial. Your Multidimensional SELF gives you dreams, ideas, and opportunities for change and constantly speaks to you in the back of your mind.

"What is that nagging voice?" you ask. "My life is JUST FINE," you say, a little too loud. But as much as you push away the growing wave of transformation, the chaos of change expands more and more until you are overwhelmed. But, what are you overwhelmed with? You do not know. You cannot understand. Your life is just as it was when you thought it was great. Why are you suddenly so miserable?

It is the Light. The higher frequencies of light are erasing the third dimensional indoctrinations and replacing them with the Multidimensional Operating System. With the download of the new operating system, your biological computer brain can no longer compute information in the same logical, sequential manner. Many multidimensional messages are swirling through your brain and altering your neurological circuitry. These surges of high frequency light are creating sudden crashes of old mental computations.

"Am I losing my mind?" you wonder. No, you are just uploading a new mental system, and right now you are in-between the old system of computation and the new system of Flowing with the Light. The many sequential details that have filled your brain are at right angles to the circular flow of the Light Language embedded in the higher frequency light.

Some of you know that you are awakening, and some of you have been awakened for a while. It is these awakened ones who need to connect with each other and with the newly awakening ones. In this manner, the awakened ones can learn to be fifth dimensional leaders and the newly awakenings ones can gain the assistance of those who have completed the process that they have just begun.

With a core group of humanity openly saying there is a reason for what is happening, the fear of mental breakdown is replaced with a hunger for change. It is at this point that your spiritual awakening begins, for fear has left that threshold. Many people may scoff at you, but once you have gone through your cycle of resistance, you begin to feel the unconditional love that is so much stronger than external judgment.

You remember now that there is important work to be done. You are here to assist your planet, which you can only understand once you have released your addiction to the third dimensional illusions. Through the thinning veil of illusion you can perceive and begin to enter the new paradigm of reality. In the third dimensional paradigm, REAL was comprised of third/fourth dimensional molecules organized into a physical form.

You knew this form was real because it offered resistance to your touch. You could see it with your physical eyes and heard it with your physical ears. This form had hard edges and familiar angles. However, your new mental operating system perceives energy patterns that feel alive to you. You do not know what these energies are, but you have a feeling that they are another reality, a life form or, maybe, a Higher Being.

Your "feelings" are changing right along with you thoughts. "Feeling" used to mean emotions or your sense of touch. Now your feelings are similar to a new kind of perception that you experience through your mind. Furthermore, you now realize that your mind is not just in your body. In fact, both your thinking and your emotions seem to be emanating from above you. This above is not above in space, but above in frequency.

Those of you who have been awakened long enough to become familiar with your new version of SELF, are hearing a call to put all that you know to use. You are tired of keeping quiet so "they" won't judge you. You want to talk about what is happening in your body and in your life. You want to share your new world with other people who are experiencing the same thing.

In other words, now that your Multidimensional Operating System is fully integrated into your third/fourth dimensional brain, heart and body, you KNOW you cannot go back. You don't know exactly where you are going, but you WILL find out. Unfortunately, you are not sure how you will find out because you are still "in-between" who you were and who you are becoming.

However, your ever-expanding Unity Consciousness is telling you that you are connected to everything and everyone. You are connected to the Planet, as well. In fact, you ARE the planet. It is the realization that you are the planet that allows you to remember that you are also the Higher Beings that you are hearing, seeing, touching and following into the unknown.

You don't know where you are going, but you have remembered to follow the "feel" of unconditional love. How did you get from the frightened, disillusioned one to following the Flow of unconditional love? You don't remember, and you are not

looking back to find out.

Congratulations dear Earth Friends. You are ascending NOW! Mytre
Ashtar Command

THE PORTAL TO POSSIBLE REALITIES

MYTRE CONTINUES:

You are now coming into a peak phase of your ascension process in which you will realize that all that you have become is merely an introduction to the expression of the SELF that you will soon display. All of your lives you have been building towards this moment of being a world leader.

Being a world leader does not mean that you need to be a governmental leader, for government will be very different in your new world. Instead, being a world leader means that you are among the Ones who are the leaders through the portals into the many worlds of New Earth. Hence, you will be a leader into a New World.

The portal to New Earth is not perceived by your physical senses for it is not a physical portal. It is a fifth dimensional portal and can only be perceived by your multidimensional consciousness. In Fact, this portal is within the NOW of the ONE. Therefore, it is within your High Heart.

In your third dimensional reality you are accustomed to recognizing reality as outside of your body. However, in the fifth dimensional reality you will perceive reality from inside your SELF. As your consciousness continues to expand, you will remember how to perceive all reality from the inner perspective of your High Heart.

Many of you are beginning to FEEL the frequency of any given reality so that you may choose whether or not you wish to interact with that possible or probable reality. A possible reality is one that you may or may not choose to experience, whereas a probable reality is one you are already experiencing in some frequency of your multidimensional SELF.

If you decide it is within your destiny to interact with any given world, you can open the Portal of your High Heart by going within your SELF to visit that reality. On the other hand, you may choose not to interact with that reality. Hence, you will keep your portal closed. Still, you may choose to project unconditional love into that reality. Finally, you many not be drawn to that reality. In that case, you can simply ignore that reality and move/flow your consciousness beyond it.

You are already choosing which third dimensional experiences/realities you wish to experience. There are many daily experiences in which you choose to either engage or ignore. However, as you continue to flow into the higher frequencies of Multidimensional Earth, you are entering the energy field in which Earth is transmuting into Her higher frequencies of expression.

Since Gaia is entering the multidimensional world of the fifth dimension, She is a "trying on" myriad different version of Her Planetary SELF. Whereas physical Earth could have only one concrete, static and time-bound version, multidimensional New Earth is expressed in myriad frequency and sub-frequency expressions of reality.

Because of the many possible realities of New Earth, more humans can ascend out of the third/fourth dimensional Earth and into the ever-escalating possibilities of fifth dimensional Earth. Just as you may visit many houses before you move into a new home, Gaia is visiting many expressions of Her New Earth. However, Gaia's homes are on different frequencies instead of in different places.

Simultaneously, New Earth has always existed within the NOW of the ONE. The concept of different types of reality existing at the same time may seem impossible to your third dimensional thinking. However, that which is impossible to understand with linear, third dimensional thinking is quite normal within the NOW of your multidimensional thinking.

To assist you in converting your sequential, third dimensional thinking into your imagistic, multidimensional thinking, imagine that you are floating up from the bottom of the ocean. You are next to an underwater cliff on which there are many landings. You are looking for the landing that feels the most comfortable because it matches your frequency of expression.

To your third dimensional self, you may have thought of these landings as occurring in different times and places. However, since there is only HERE and NOW in the fifth dimension, these landings are on different frequencies. Just as some landings may be too high for your physical self to visit, some landings may still be too high for your ascending SELF to visit.

However, there are still many possible realities that are within your perception. Thus, you may wish to visit a certain possible or probable reality, or you may choose to move right in to the reality of your choice and get about the business of

creating a new life.

The difference between a possible and probable reality is that a possible reality is one that you may or may not choose to experience. On the other hand, a probable reality is one you are already experiencing in some frequency of your multidimensional SELF. The higher your consciousness, the more choices you will have, as you will be able to perceive more multidimensional realities. In fact, the higher your consciousness, the more realities you can simultaneously visit and/or inhabit.

You have waited your entire life for this moment and are NOW ready to live what you have been experiencing in your inner world. You will do this because your inner world will be your real world. By real, I mean that your inner world, which has been a private place in which you could interact with the higher frequencies of life, will soon be your primary reality.

Up until now you have experienced reality as something that was around your physical form. Now, you will experience reality as something that is within your physical form. Allow me to elaborate. What you considered to be real has been based on your third dimensional perceptions of your external world. Therefore, you experienced reality through the filter of your five physical senses.

Now, that your Multidimensional Operating System is coming online and integrating with your Third Dimensional Operating System, your perceptions are slowly, and/or quickly, beginning to alter. Your vision is being expanded into clairvoyance. Your hearing is being expanded into Clairaudience, your "feelings" into Clairsentience, your communication into telepathy and your emotional communications into empathy.

Also, because you are moving beyond time, you are becoming more Clairvoyant and learning to differentiate between a possible and a probable reality. To practice using some of your multidimensional perceptions, close your physical eyes to perceive your current environment through your opened Third Eye.

Before you begin this exercise, allow your consciousness to expand into the Core of Gaia. Then, pull Gaia's energy into the Core of your earth vessel and up into the higher frequencies of reality. NOW:

Take the roof off of your perceptual world...

Imagine that you are taking your "hat" off your head...

Now you can allow your pineal gland to fully open...

Feel the higher frequencies of light as they enter your Pineal gland...

Project the light images onto the inner, mind screen of your Third Eye...

At first this screen may be blank.

Hence, imagine you are looking through a telescope of an old submarine...

The telescope leads up beyond the submarine (your earth vessel)...

Through the water that surrounds it (your current reality)...

And up into the air above the water (your higher expression of SELF)...

Calibrate your attention to the image seen by your Third Eye...

Pan your Third Eye Portal around in a circle to see that entire higher reality...

You are first met with the image of a higher expression of your SELF...

You may be met by several expressions of your Multidimensional SELF...

See your SELVES gathered around your telescope/Third Eye...

FEEL the unconditional love of this energetic greeting...

Open your High Heart to accept the Flow of unconditional love...

Allow the unconditional love to bond you to this higher reality of your SELF...

FEEL your High Heart bonded to your SELF...

Surrender to the unconditional love as it Flows into your High Heart...

Allow this unconditional love to guide you through your physical life...

As you become accustomed to the feeling of being led by unconditional love, you can begin to recognize that you are Flowing past myriad possible realties. You will observe these realities through the expanded perceptions that are the most developed or innately powerful. Therefore, some of you will see these realities through your Clairvoyance, others will hear them through their Clairaudience still and others will feel them through their Clairsentience.

When you perceive a possible reality with your clairsentience, you will feel it on your skin, within your aura and via your Essence. Initially, all three of these perceptions may feel as though you are sensing the frequency of a reality via your physical skin. When this occurs, expand your consciousness out to feel this sensation through your aura. Then pull your

consciousness inwards to perceive this reality with your Essence within your Core.

Perceiving reality through your Core Essence is quite challenging because you have been trained to believe that reality is outside of your physical body. In the same manner, your Clairvoyance is based on seeing from within and your Clairaudience is based on hearing from within.

When you see from within, it often appears that you are thinking that you see it, but is only a vague overlay of the physical world. Hearing from within is often first experienced as a sudden thought that appears to be out of context. Every time that you trust your inner sensing, seeing and hearing, and your expanded perceptions get stronger.

Furthermore, if you move these inner perceptions into your physical world, you will OWN your immense creative ability. For example, when you write, draw, sing, dance or follow you inner perceptions, you are allowing your inner life to set the course for your physical reality. In this manner, you will move deeper and deeper into the art of mastery of your multidimensional perceptions.

Just as you can see, hear and feel your third dimensional reality, eventually, you will be able to identify possible and probable fifth dimensional realities via your expanded perceptions.

If you choose to interact with any reality, open the Portal of your High Heart into that reality and bond with it via your unconditional love. Once you are bonded with that reality, you will commune with the members of that world through your telepathy and empathy.

Because of this interaction, this possible reality becomes a probable reality because you are experiencing it through a given frequency of your Multidimensional SELF.

In summary, you are going into the Core of your third dimensional expression of SELF to look out and perceive reality from inside your self. You can see many multidimensional worlds by looking through the lens of your inner Third Eye.

Your Third Eye is similar to the telescope in your submarine in that it can look out of your body from the inside, then up through your current reality and directly into the higher expressions of your SELF. As you look into that higher expression of your SELF, you will feel the immense, unconditional love from the higher dimensions.

If you choose to interact with that reality, you will open the Portal of your High Heart to that reality, and with your unconditional love, bond with that world. Hence, you have entered a possible reality, making it a probable reality that an expression of your Multidimensional SELF has chosen to join.

You have many exciting adventures to experience as you move into your Multidimensional SELF. Remember, time and space are third/fourth dimensional illusions. Therefore, you will not "run out of time, or get "lost," as YOU are always HERE in the NOW

I shall return with my dear friends, The Arcturians, Mytre of the Ashtar Command

PERSONAL AND PLANETARY ASCENSION

Dear Arcturians,

I have been feeling the beginning of this message inside. Can you continue the rest of your message now?

Good Morning Suzille.

Yes, we were speaking with you in your sleep last night, but you were too tired to bring forward any of our message. However, you couldn't remember the first few words, which have actually been in your mind for quite a while. Furthermore, we had to present the dynamics of higher thought before you and your readers would be able to deeply understand what we are about to say.

Our Dear One, we have spoken to you for many of your years, but we wish to tell you that we are about to take a quantum leap in the information that we send you. Previously, it was unsafe to send you certain information and/or your mind was not ready to receive it. However, the world is much lighter now and the danger of offering the TRUTH is greatly diminished.

Therefore, we have decided to share some unique information through you and through many other Earth Representatives. We prefer not to use the word channel, as a channel is erroneously thought of as one who is not of our Beingness. Of course, those through whom we speak, in fact, everyone, are ONE with our Being, for we resonate to the eighth through tenth dimensions of formless unity with ALL life. However, we will be moving into a higher frequency, just as you will.

In fact, all life in this Universe is experiencing an Octave Jump in resonance. There are some who will not be able to participate in that leap in vibration, so they will be re-located to another Universe. They will not be aware of their relocation, and will likely experience Gaia's ascending reality as an "interesting dream." They will have no sorrow, as they will not know that they have left.

They will not know that their reality has changed because they were not even awake within the Ascending Earth reality. Therefore, they will continue to slumber within the reality that will be new to them, but they will not know that it is new. Now, we hear your question of, "What about those who care for them? Will those who remain in this reality miss these people?"

Our answer is that anyone who is awake enough to read this message is already the creator of his or her reality. If that creator wants to create a reality in which they are with that person or persons, they can offer a thought-form filled with their love in which that person could leave a component of his or her Essence. Then, that person will have the opportunity to remain within this world, while they are still bi-located into their other reality.

You must remember now that ALL of you, even if you are deeply asleep, have myriad realities in which you participate because you are ALL multidimensional. Therefore, the force of LOVE that offers a thought-form in which the sleeping one can continue to experience your ascending reality will be added to their reality in the other Universe.

Remember, ascension does not mean that you loose anything. Ascension means that you can experience myriad choices of reality within the ONE of the NOW. Even if one's grounded form is asleep, their Soul is infinitely awake. Therefore, if this loved one's Soul chooses to accept the thought-form you have offered, which will appear to be fully physical, your love can offer him or her an extended stay within your ascending reality.

If that loved chooses to keep a portion of their essence within your ascending reality, they will have a "higher reality to serve as a strong base from which they can be a leader in their reality in the other Universe. They can choose to pull out of the other reality and focus on the process of ascension. Or, they can choose to pull out of the thought-form body that your great LOVE has created for them.

We know that the concept we have presented appears impossible to your third dimensional thinking. However, embracing the impossible is one of the most important changes you will be making during your ascension. Another challenging issue will be whether or not you will continue your ascension if this loved one pulls out of the thought-form you have created with your love.

You can either respond as an ascending one and KNOW that there is NO death. From this perspective you will remember that this person has chosen a reality different than the one that you have chosen, and you will lovingly respect their choice. On the other hand, you may be so attached to that person that you choose to belay your own ascension to remain with your loved one. The thought form that you created for them is very real. In fact, you may not even be aware that YOU have created it for them.

All the forms that you are holding in your current vibration are a type of thought-form. Thought-forms are created by your ever-growing creative force, which is expanding exponentially as you enter the threshold to the fifth dimension. A thought-form is created with the power of your multidimensional thought and filled with your unconditional love. This thought-form is then kept "alive" by the power of your thought.

If you take all your thoughts away from a thought-form, including your own earth vessel, it will begin to degrade in structure and eventually "leave this frequency." We realize that "leaving" has been experienced as "death" in your frequency of reality. However, as you continue your ascension, you will experience the coming and leaving of many different beings in myriad versions of reality.

After you have had these experiences, you will remember that if someone chooses to leave your personal choice of reality, it does not mean that that person dies. It only means that that person's Soul has chosen a version of reality that you do not choose to experience. Some of you may even visit your loved one in that version of reality. However, if you stay too long, you will have to decide if you so deeply want to remain with that person that you will lower your resonance to be with them.

Fortunately, from the fifth dimensional perspective, that choice will only mean that that particular version of your infinite Multidimensional SELF has made the choice to forgo that particular experience of ascension. However, you are experiencing a unique form of ascension in which you are ascending in Oness with your planet, Gaia. It is difficult enough to transmute the mass of one human form into Lightbody. Can you imagine how much more difficult it is to transmute the mass of an entire planet?

Every human who pitches in with the planetary ascension is vital for Gaia's success. After all, humanity in its current form, as well as its many Galactic forms, is primarily responsible for Gaia's great fall into the depths of the third dimension. Hence, many of the ascending ones are fully aware that they have chosen to take personal responsibility to assist the planet that has allowed them myriad incarnations.

Therefore, just as one may need to move away from loved ones because of important commitments they have made, some of you may need to move away from loved ones because you have made a commitment to Gaia. However, in this case, it will not be you, but your loved ones, who will move away. They did not choose to do the deep introspection and conscious commitment to your SELF that you have engaged in. Hence, they will not be able to match the resonance of ascending Earth.

This introspection was not to make you better or teach you how to ascend. NO, this introspection was to guide you into the KNOWING that you are already a higher dimensional being in myriad realities. Therefore, your inner search was not to learn to improve, but to remember to connect with that which you have always known.

Please remember that the loved one who has not chosen to ascend will meet with you in their fifth dimensional essence once you ascend. Hence, when you merge, ascend into, your fifth-dimensional-and-beyond expression of SELF, you will be able to connect with the fifth-dimensional-and-beyond expression of the loved one that you thought you had lost.

There is NO losing in ascension. The third dimensional expression of the person who chose NOT to engage in the experience of planetary ascension actually chose to leave Gaia. Gaia needs every one of Her humans to work WITH Her. Every ONE of you must take a paddle and row this earth ship home. There are many reasons why some grounded ones cannot contribute to Gaia's ascension.

Some of them are trapped in darkness and cannot look inward to find their own Inner Light. Others do not welcome a fifth dimensional reality because they do feel complete with their process of being third dimensional. Others cannot believe in the impossible, and they would rather hold on to old beliefs than enter the unknown. Then, some are just too tired and beaten down from their Earth life to have the energy to embrace the unknown of ascension.

Embracing the unknown is one of the Keys to Ascension. We, The Arcturians, cannot tell you what you will experience without damaging the beautiful individuality that you have developed during your myriad incarnations on Earth. You will all collect your many individual experiences of being human on 3D Earth and offer them to the ONE upon your ascension.

The beauty is that, just as you have all chosen innumerable versions of creating your life on Earth, you will all choose countless versions of your personal and planetary ascension. The changes in your reality will be coming sudden and swift now. Therefore, do not begrudge those who cannot tolerate their entire world shifting before their eyes.

Please use the great power of your unconditional love to respect every one's choices of how they will deal with the transformation of all that they have known. You will meet their fifth dimensional expression of SELF upon your ascension. Therefore, we ask that you respect everyone's decision. On the other hand, if one makes decisions that are destructive or burdensome to planetary ascension, they will not be able to match Gaia's ever-ascending frequency.

Those who cannot, or will not, match the resonance of Ascending Earth will not be able to maintain an open portal from their High Heart into Gaia's ascending reality. Hence, they will not be able to focus their attention and intention on the higher frequencies enough to perceive the ascending reality. In this case, they will experience the chaos without the promise of change. This situation would be very frightening.

We do not want any one to be frightened. Therefore, they will be shifted into a reality in which they can maintain the highest frequency of expression that is possible for their current state of consciousness. Just as you must match your resonance with a given reality during your inter-dimensional travel in order to inter-act with that reality, ascending ones will need to match their personal frequency with the escalating frequency of Earth.

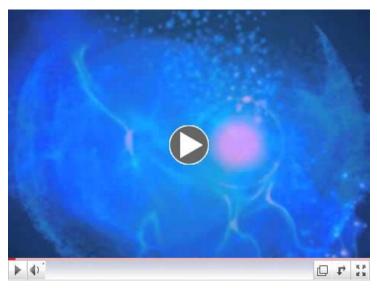
Fortunately, there are many humans incarnated on Earth who can easily expand their consciousness beyond the ever-rising frequencies of Gaia. These ascending ones will "clear the path" for Gaia by creating and holding higher frequency energy fields into which Earth can transmute Her form. We in the higher frequencies are observing the personal changes and sacrifices that these ones are making to assist their beloved planed and to fulfill their Mission.

Please remember that those who are choosing to leave Gaia rather than hold Her back are also fulfilling their Mission. In other words, "Do not judge another until you have walked a mile in their shoes." And, most important of all, do NOT allow ANY fear to enter into your consciousness and lower your resonance.

You are being called into duty NOW! Remember all that you have learned in your countless lives on Earth. Remember all

your experiences of ascension on any reality in which you have ascended. Most important of all, remember that you are not alone-ever! We, your Galactic, Celestial and Ascended Family are ALWAYS with you.

Walk in courage our beloved ones. We are right beside you. Your FAMILY



Our Multidimensional Operating System



Our Multidimensional Operating System Part 2



Our Multidimensional Operating System Part 3
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