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June 25, 2013

~ Online Healing Retreat ~
with Dr. Suzanne Lie

Merging with Your Highest Expression of Self



Merging with the Highest Expression of Self

Saturday, June 29, 2013

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We hope to meet you Saturday June 29, 2013

**The Alchemy of Creation Part 2
Transmutation of Matter**



By the Arcturians

Transmuting Your Physical Form

To transmute your physical form, it is best that you release your attachment to human individuality and think of yourself as a planetary being. For humans to ascend via their physical bodies transmuting into the fifth dimension rather than "dying" as was normal before this great era, you will need the assistance of Earth. At the same time, in order for Earth to ascend without the extinction of Her physical form, She needs human assistance.

Hence dear humans and Galactics/Celestials in human form, you will need to expand your personal consciousness into planetary consciousness. In this manner, there is no sense of personal sacrifice or fear. There is only the great unity of person and planet ascending as ONE Being. Furthermore, we request that those of you who have awakened to your Multidimensional SELF no longer hold back your process. Others have chosen the Mission of working with the beginners.

Those of you who are merged with your Multidimensional SELF are more ready than you may think. Additionally, the higher light is allowing you to expand your consciousness into higher and higher expression of SELF. At the same time, your consciousness is expanding deeper and deeper into your atomic, subatomic and quantum levels of consciousness. In other words, you are not just raising your consciousness. You are expanding your consciousness far beyond physical Earth, as well as deep into the matrix of Earth.

As your consciousness expands, so do your perceptions. Also, when you expand your perceptions, you can change your gene activity. When you choose to believe that your higher perceptions are "real" you increase your perceptual field to the frequencies the fourth and fifth dimensions. This extended perceptual field activates the neural activity of your 97% multidimensional DNA. This multidimensional DNA is linked to your higher expressions of SELF, as well each cell of your body.

Your earth vessel is an intelligent biological earth ship, just as our Starships are biological. The current container for your consciousness is just one of myriad containers on myriad dimensions and parallel and/or alternate realities. You have decided to take command of your current personal earth ship, which becomes a fourth-dimensional etheric ship when you are "sleeping" and can expand into the higher dimensions during meditation.

Your Dominant State of Consciousness

Your "dominant state of consciousness" is the state of consciousness that directs your daily life and constant perceptions. This state of consciousness is usually somewhere between your highest frequency consciousness achievable during deepest meditation and the frequency of consciousness that is responsible for directing you to react, rather than interact. In other words, it is midway between your highest and lowest states of consciousness.

Once you realize that the act of reaction determines the point of perception that identifies your dominant state of consciousness you will become conscious of that to which you chose to react. In other words, the perception to which you choose to react creates your dominant point of perception within that NOW. You have many different dominant state of consciousness throughout your day depending upon the perceptions to which you react, respond, interact, or ignore.

Just as your chakras are aligned to different frequencies, every state of consciousness has a frequency of perception. These perceptions are the sum-total of the frequency of reality you have chosen by your placing your attention on, reacting, responding or interacting with that specific version/frequency of reality. Every reality has many versions, and each version is different because it resonates to a higher or lower frequency.

There are myriad channels on your "TV of 3D Life." The channel on which you choose to place your attention determines your state of consciousness within that NOW. We say "that NOW" as to us all reality exists within the HERE of the NOW. There is no coming or going in the HERE NOW. We ARE. We resonate, we fluctuate, and most wonderfully we create.

We Arcturians are here to assist you in our co-creation of the Arcturian Corridor. We have spoken often of this Corridor. However, since you, our ascending ones, are now moving into a higher state of consciousness you can perceive higher frequency components of our message that were once beyond your power of perception. Hence, our (human and Arcturian) Corridor. is expanding along with your perceptions

<http://www.multidimensions.com/TheVision/books.html>

(Journey Through the Arcturian Corridor 1 through 4)

Receiving Light Language

To further assist Gaia we Arcturians are in direct communication with many multidimensional beings presently wearing an earth vessel. When we communicate we speak in Light Language. Light Language resonates beyond time, polarity, limitation separation or fear. Since you must be free of fear in order to receive our messages, some are unable to perceive us. However, the higher light is continually expanding your perceptions and filling you with unconditional love (the antidote for fear). Hence, more and more of those wearing earth vessels are able to receive Light Language messages from the higher dimensions.

You can receive these messages through your fourth dimensional night body, or more consciously via meditations, channeling, or other creative endeavors. You are able to receive these higher dimensional messages because your consciousness is expanding into the consciousness of your higher expressions of SELF, as well as into your cellular consciousness. Through your cellular consciousness you will begin to consciously experience the cellular, atomic and sub-atomic level of your grounded earth vessel.

At this point, you will begin to commune with your molecular self by exploring and healing old issues and situations from your past that tell you that you are NOT the Captain of your earth vessel. These limiting messages are at the core of third dimensional thinking. When you enter your unconscious to allow your past to heal your present, you confuse your third dimensional thinking.

Third dimensional thinking is also based on the present that appears to be outside of you. Therefore, whenever you go inside to ponder that past, which is hidden deep inside your subconscious, it further confuses your third dimensional thinking. Then, as you give credence to the lessons to be found within your past, a door opens to your past lives. These past lives are introductions to your perceiving yourself from beyond the barrier of time. Hence, your attachment to third dimensional thinking is further loosened.

The first "past lives," you choose to ponder will likely be those with unfinished business that you brought into this incarnation to finish. Hence, even your human history is beyond time, as it is stored in your unconscious mind. Once you release time to heal and complete unfinished lives, you gain the courage and wisdom to remember the past lives in which you completed you're chosen mission and gained great insight and enlightenment.

The acknowledgement of these lives activates the memory of your Multidimensional SELF. Very often your unconscious mind is the archive for old memories that you could not resolve when they occurred in that

timeline. However, with the wisdom, power and love of your Multidimensional SELF you have the ability to bring that experience into its conclusion. We refer to your unconscious mind as the archive for experiences from your past that you are too immature to process.

Your Subconscious Mind

On the other hand, we refer to your subconscious mind as a composite of everything you have ever perceived, as well as any information your mind collects that cannot be consciously processed or acknowledged. Your conscious mind cannot always absorb all available information, as it would create an information overload. Therefore, the subconscious mind stores this information where it can be retrieved by the conscious mind when it needs to defend itself for survival or for higher cognitive purposes.

However, hidden deep inside your unconscious and subconscious is your Divine Child who carries the "instruction manual" for your current embodiment. These instructions are in Light Language sent only to you. Hence, the process of deciphering this Light Language requires that you first connect with higher expressions of your SELF before you look deep into your unconscious and subconscious to find your Divine Child who remembers everything!

When you look HI UP into your higher SELF while you simultaneously look DEEP DOWN into your unconscious and subconscious mind you can experience unconditional love and human emotion within the NOW. When you can close these polarities of spirit and matter with the power of your multidimensional perception, you enter the NOW of the ONE as you merge your Divine Child with your Higher Expression of SELF.

Experiencing your Alpha, Divine Child and Omega, Higher SELF confuses your 3Dconsciousness enough that you can jump out of time. Then the past of your unconscious and subconscious can no longer interfere with your present on 3D Earth. When you are fully merged with your NOW, you are able to perceive any third-dimensional thought-forms from your past as lessons that have guided you into your present. From this point of perception, you can easily liberate these injuries from your past with the power of unconditional love and by perceiving them as cherished teachers.



Your Ascended Master SELF

We see that all of you, our Multidimensional Masters, are preparing to expand your consciousness into the next frequency of reality. Before this NOW, you did not have that option, as the frequency of your reality was too low and infiltrated with fear. Because of the darkness of that reality and the restrictions that it placed on your consciousness, you could not believe that your higher perceptions were "real."

Furthermore, you could not perceive your highest and lowest resonance of your Multidimensional SELF, as this process can only occur within the safety of unconditional love, which was rarely present on your reality within the last 2000 years. Thus, unconditional love was forgotten and re-written into a 3D format of conditional love. In this manner, the concept of love lost its true meaning.

However, now with your 97% DNA coming on line you are able to preview your highest self and your super-subconscious at the same time. This expansion of perception is possible because of your expansion of consciousness. Simultaneously, your expansion of consciousness is possible because of your expanded perception. Also, the activation of your multidimensional DNA allows you to believe it is possible to perceive higher dimensions of reality.

It may appear that many humans are still asleep. However, they are beginning to consistently awaken due to the activation of the 97% DNA. This DNA expands your perceptions beyond the confines of time, space, separation and limitation. Simultaneously, as you expand your consciousness beyond the 3D matrix of time, space, polarity, separation and limitation this DNA is activated.

Once your multidimensional DNA is fully activated the process of transmutation of matter advances exponentially. The feedback loop of the higher light having a frequency of matter that can contain it, while multidimensional DNA goes about the process of creating a vessel that can contain even higher frequencies of light, begins a process of transmutations of third dimensional matter into multidimensional matter.

Of course, the multidimensional DNA was always within your earth vessel as a latent reminder of your potential to return to your true multidimensional nature. However, this potential needed to be activated by the higher frequencies such as photons charged with particles of infrared, ultraviolet and gamma rays. These frequencies of light, as well as frequencies still unknown or named to your world, make up the higher light that is streaming into your world.

Research on the 97% DNA

Humans have been doing some important research about the role of DNA on the evolution of the human species. Below is a short summary of this research:

In 1990, a group of Russian physicists, molecular biologists, biophysicists, geneticists, embryologists and linguists began a study of this "junk" DNA. Dr. Peter Gariaev PhD who is a Biophysicist and Molecular Biologist directed this research project. These scientists irradiated DNA samples with laser light. On screen, a typical wave pattern was formed. When they removed the DNA sample, the wave pattern did not disappear, it remained.

Many controlled experiments showed that the pattern continued to come from the removed sample, whose energy field apparently remained by itself. This effect is now called phantom DNA effect. It is surmised that energy from outside of space and time still flows through the activated wormholes after the DNA was removed.

They determined that this DNA is also a complex, biological, micro-computer chip that communicates with its environment.

Dr. Gariaev found that the basic structure of these DNA alkaline pairs is the same as that of human language. Thus, they can be influenced and reprogrammed solely by the thought waves in our environment. Dr. Gariaev and Dr. Poponin also discovered that there is a multidimensional field structure surrounds our DNA chain.

Other studies were done by Dr. Bruce Lipton, Ph.D. who is an internationally recognized Cellular Biologist and a pioneer in a new field called Epigenetics. In his book, titled *The Biology of Belief*, Dr. Lipton writes about his discovery that evolution is, in fact, driven by consciousness. The caterpillar and the butterfly have the exact same DNA. They are the exact same organism. But they are responding to a different frequency.

Dr. Lipton has discovered that it is not genes that control life at the cellular level. It is the mind's perception of its environment. He coined the term "Spontaneous Evolution" because he has discovered that our DNA scans our environment for frequencies that are relevant to our existence, changes its structure, and then sends messages to reshape it self accordingly.

Co-creators of New Earth

As we stated earlier in our message, many of you are ready to be co-creators of "our" Arcturian Corridor.

The Corridor is not a place; it is an inter-dimensional corridor in which beings, as they are not all human, on the verge of ascension can gather to connect, learn and remember the process of transmutation.

All of you who are on the cusp of this ascension wave have had at least one experience of ascension. However, in most of these experiences you released your consciousness from your third-dimensional form and soared into higher dimensions. These ascensions were transmutations of consciousness. In this ascension, you are not only transmuting your consciousness, but your physical AND your planetary body as well.

Thus, it is vital that you merge with your planetary consciousness so that you and Gaia can act as a team. Many of you have already gathered within the Arcturian Corridor to learn about inter-dimensional travel. Now, you will be learning about transmutation of your personal and planetary body. As you awaken your cellular consciousness, you will be able to deeply merge with Gaia, as well as assist us to implant our Corridor into the body of ascending Earth.

Your great, Multidimensional SELF is about to make a full appearance in your daily life. As you begin to perceive life from a higher perspective, you will send signals to your DNA that it is "time to enter your cocoon" and begin your transmutation. However, you, the ascending ones on Earth, will not be able to ONLY focus on your process of transmutation. In fact, you will, and are now, called upon to perform your daily tasks while you are in the process of totally restructuring your thoughts, emotions, consciousness, DNA and earth vessel.

Fortunately, you will be able to call upon us, as well as your own higher expressions of SELF. In fact, your higher expression of SELF greets you each night once you have shifted your primary consciousness from your sleeping physical form and into your waking astral form. This astral form is often called your "night body" that takes you on nightly adventures into higher worlds via your dreams. However, you are only asleep your physical world, as you are awake to the fourth dimensional dream world.

Hence, we the Arcturians will take you on an "awake" journey through the fourth dimension. So, allow your astral body to awake within your heart and mind to begin your journey.

Journey Through The Fourth Dimension



Information About the Fourth Dimension

We will begin by giving you information about the fourth dimension. First, we wish to remind you that all higher-dimensional realities exist within the consciousness of your Multidimensional SELF. Your third dimensional thinking has taught you that all life exists separate from you. However, as you fully adapt to your multidimensional thinking, you will understand that reality is within you just as you are within reality.

There are seven sub-planes of the fourth dimension. Each sub-plane resonates to a different frequency. The higher sub-planes resonate to higher frequencies and the lower sub-planes resonate to lower frequencies. From the highest fourth dimension down, the planes are:

Spiritual Plane ~ Rainbow Bridge and I AM Presence
Causal Plane ~ mastery of energy and causal body

Mental Plane ~ release of judgmental thinking and mental body
Emotional Plane ~ release of fear and your emotional body
Kingdom of Faerie ~ imagination, rest and recreation
Lower Astral Plane ~ fear and negative emotions
Etheric Plane ~ etheric body interfaces between third and fourth dimensions

The Etheric Plane

The Etheric Plane interfaces between your physical body and the fourth dimension. It is through your etheric body that the Prana can flow into your physical form. The Etheric Plane is not third or fourth dimensional, but exists as a frequency in-between that unifies both dimensions.

Each of the sub-planes within the fourth dimension has its own corresponding degree of materiality and condition of matter. In fact, within each sub-plane there are different frequency realities that are of gradually ascending vibrations. For example, the Emotional Plane has many sub-planes within it ranging from a lower vibration where there is more fear than love to a higher vibration where there is more love than fear.

However, these different planes are not separate like books piled on a bookshelf. Each sub-plane penetrates the one just above and below it. All of the fourth dimensional realities overlap. The higher dimensional realities extend beyond Earth and the lower dimensional realities are closer to Earth. In fact, the Lower Astral Plane is actually of a lower frequency than Earth.

However, because the fourth dimension is "out of phase" with your third dimensional perceptions, you are not consciously aware of it. As you continue to raise your consciousness, your perceptions will gradually become receptive to higher frequencies of reality. These fourth dimensional worlds are as vast and limitless as your imagination. However, the fourth dimension is NOT just your imagination, it is very real.

Your Latent Power

Within humanity is the latent power to perceive, respond to and travel through the fourth dimension. In fact, you do so every night when you sleep. Whether or not you are aware of it, you all have "bodies" on each of the fourth dimensional sub-planes. Hence, you have an etheric body, astral body, emotional body, mental body, causal body, as well as a spiritual body known as your I AM Presence. You even have bodies in the Land of Faerie. You also have a body in the Lower Astral Plane, which is known as your "dark side."

Whenever you are incarnated on the third dimension, all of these bodies are also "alive" and serve as your higher dimensional mirror and support team. When you travel through the fourth dimension, you do so in the body that resonates to that sub-plane or a higher one. In other words, you can travel through the Astral Plane in your astral body or in your mental or causal bodies. But, you could not travel through Mental Plane in your astral body.

It is best to travel the lower sub-planes in your higher frequency bodies, as you may need the greater light of your higher bodies to serve as protection. This protection is especially needed in the Lower Astral Plane. The light and love of your higher dimensional bodies is the greatest protection from the darkness and fear of the Lower Astral Plane.

Moving from one sub-plane to another, it is not like moving on 3D Earth. Instead, you need to think in terms of transferring your consciousness from one reality to another, much as you would pass the baton in a relay race. When you transfer your consciousness to another reality, you gradually become less responsive to the perceptions of the reality you are in and more responsive to the perceptions of the reality into which you are traveling.

You have all had this experience as you slowly drift off to sleep. First you are more aware of the physical world, and then, slowly, without our realizing it, you have flashes of a dream. Often these flashes come while you are still awake. Eventually, the physical world is perceived in flashes, and your dream world becomes predominant. This same process occurs when you meditate. Through meditation you can raise your consciousness to a higher vibration by focusing your awareness on the higher dimensions.

Navigating the Fourth Dimension

You navigate through the fourth dimension by combining your emotions and thoughts into a cohesive frequency of consciousness. The higher states of consciousness resonate to a higher frequency, whereas the lower states of consciousness resonate to a lower frequency. Your beliefs create a certain state of consciousness, your state of consciousness creates your expectations, your expectations direct your perceptions and the reality you perceive is the reality you live.

For example, if you believe that you can travel to the Land of Faerie, you move into a mid-fourth dimensional consciousness in which you expect to experience Faerie. Then your expectations direct your attention to that frequency of reality, and the reality that you perceive is the reality that you live.

Even though you navigate the fourth dimension by combining your feelings and thoughts, if you are not in sync with the frequency to which you wish to travel, you will not arrive at that plane. For example, if you intend to go to the Causal Plane, but you are feeling afraid, that fear will limit your vibratory rate, and hence, your consciousness. Consequently, it will be more likely that you will find yourself in the Lower Astral plane where fear and anger abound.

On the other hand, if you enter the Lower Astral Plane with the intention of service and love, your level of consciousness will resonate to the higher Emotional Plane where there is more love and light. Furthermore, if you travel into the fourth dimension with the intention of learning more cosmic truth and communicating with higher beings, your consciousness will resonate to the Mental and/or the Causal Plane where illumination awaits you.

Of course, raising your consciousness to the higher fourth dimensional realities is not an easy task and requires much training, discipline, and most of all, LOVE. In order to raise your consciousness high enough to travel to the higher fourth dimensional planes, you must go deep within yourselves. You may love yourselves enough to consciously travel into some portions of the Astral Plane, but in order to travel into the higher planes you must also love yourselves from DEEP within your unconscious.

This inner love means that you love and forgive who you have been and what you have experienced. If you cannot love yourselves in this fashion your consciousness will not be able to navigate into the higher fourth dimensional realities.

Transformation of Your Consciousness

The transformation of your consciousness can be likened to the transformation of water boiling in a pan. First the water is room temperature, and the molecules move relatively slowly. When the fire beneath the pan heats the water, the molecules move faster and faster until the water boils. When the water boils, portions of it become steam and rise into the air. If the pan is not removed from the fire, all the water will then transform into steam and the pan will become empty.

Metaphorically, the pan is your body, the fire is your rising Kundalini, and the water is your consciousness. Just as the pan and fire remain on the stove, your physical body remains on the earth while you transfer your awareness to the higher bodies. If the empty pan were to remain on the fire, it would begin to degrade without the water to protect it from the fire. Your physical bodies would also degrade if all of your consciousness left. Your consciousness is your life force. It is the pilot of your earth vessel. Without the pilot, the "vessel" would crash.

As a skyscraper must have a deep foundation in order to reach high into the sky, you must be deeply rooted in the physical earth to raise your consciousness into the higher dimensions. It is love for yourselves and for the planet that affords you that grounding. The more intimately you can love yourselves, the higher your consciousness can travel. Love is the antidote to the fear that lowers your vibration and limits your consciousness. Hence, the key to transforming your consciousness is to love yourself!

Yes. Guiding you to consciously experience the fourth dimension is the best way for me to teach you about it. On each of the sub-planes between the Physical and Spiritual Plane is a body (or several bodies) you can inhabit for your fourth dimensional journeys. With that said, I will begin the journey now.

The Lower Astral Plane

The Lower Astral Plane is the lowest sub-plane of the fourth dimension. It lies partly on the surface of the earth and partly beneath the surface of the earth. Remember that the fourth dimension is "out of phase" with your physical perceptions and is not perceivable while you are in your third dimensional consciousness. Therefore, relax into your physical body and feel the great love you have for each other, for your planet and, most important, for your self.

The Lower Astral Plane is filled with the emotions of fear, anger, sorrow, guilt, and pain. These negative emotions lower the vibration of this plane and diminish its light. Vision here is similar to looking through an infrared camera where the only colors are black, gray, and dirty red. The Lower Astral Plane is not imaginary

and is often known as "Hell." It does have an objective existence. It is not evil of itself but resonates to and reflects the evil within those who exist there.

To move through this reality you must calm all fear with the power of love for yourself and for all life. This love cloaks you with a higher frequency astral body. The higher resonance of this body allows you safe transit through this reality and/or to give assistance to its poor inhabitants. In fact, many spiritual people do "rescue work" in their night bodies to assist those in the Lower Astral who are ready to look up and call for assistance.

The Land of Faerie

You will now enter The Land of Faerie. The light in Faerie appears so bright that it seems as though you are coming out of a dark cave and into a bright field. Much of Faerie looks like the physical plane, but there are also plants, beings, and humanoids there that do not exist on the third dimension. Your fairy tales and fantasy novels give a true representation of life in Faerie.

The Emotional Plane

We now move on to the Emotional Plane. With your fourth dimensional "emotional body" you can perceive your lower astral and physical worlds. With your astral vision, you can see the third dimension from a higher, but still emotional, perspective. However, you can also see the etheric body, the aura, and the prana that is circulating over, under, around and through all life forms and objects. In fact, from the fourth dimension it becomes apparent that all objects have a life force.

As you move into the higher sub-planes of the Emotional Plane the world is much lighter. Colors are very bright and objects are much clearer. Once there, you quickly lose sight of third dimensional earth and become absorbed with the fascinating process of perceiving life as vividly colorful and filled with happy and loving emotions.

The Emotional Plane also serves as a mirror for your human emotions, as all third dimensional emotions are greatly amplified in this realm. These amplified emotions then reverberate back to the physical world in an ever-expanding arc such as a wave buffeting back and forth between two walls. However, if you use your fourth dimensional self-love to calm these astral emotions, your third dimensional emotions will become clear and balanced.

Summerland

Summerland is a sub-plane of the Emotional Plane where persons who are not aware that they have died take a temporary residence. These persons are either not in touch with their higher self and spiritual guidance or they are not yet ready to accept that their physical life has ended. In Summerland, they can finish whatever earthly goals they were unable to achieve. Although, if their goals were to harm others and cause fear, they will not be able to remain there because the vibration of their consciousness will pull them down into the Lower Astral Plane.

The vibration of Summerland resonates to love. It is a place where loving people who "die" while disillusioned or unfinished with their physical life can create a "dream life" where they can gain a sense of fulfillment and completion. Summerland serves as a halfway house where the inhabitants can prepare themselves for their rebirth into the physical world or into the higher fourth dimensional planes.

The Mental Plane

The Mental Plane has much less density than the Astral and Emotional Plane. In fact, in the mental sub-planes, emotions are muted because they are balanced. For example, fear and love, happiness and sorrow, are no longer polarized into separate emotions and are, instead, perceived as a spectrum encompassing all extremes. Without the polarity of emotions there is no longer a sensate charge that disrupts your feeling body and lowers your consciousness.

Therefore, you can think about your emotions without the judgment and criticism that is so common on the third dimension. Here the combination of thoughts and emotions quickly manifest objects or experiences. However, the perceptions that were so bright and distinct on the Emotional Plane are muted, as if you are looking through a gauze veil. Matter on the Mental Plane is very fine, and objects are temporary because they are created by your attention and disappear when they no longer hold them in your mind.

Just as the Emotional Plane creates and reflects your emotions, the Mental Plane creates and reflects your thoughts. The Mental Plane encompasses your expansive thinking, your mental body, and the aura of your mind. Traveling through the Mental Plane can assist you in releasing old core beliefs of limitation and separation.

The Causal Plane

The Causal Plane resonates an octave up from the Mental Plane. Therefore, it is infinitely more beautiful. This plane is filled with Light, Love, and Truth. This plane rules your abstract thought and can facilitate quick changes in your third dimensional thinking if you allow this wisdom to enter your physical consciousness.

Your Causal Plane consciousness reminds you that energy out is energy back. In this reality every thought and/or emotions that you release quickly returns to you so that you can experience the energy field you have created. It is here that you learn to be the Master of your Energy so that you have complete mastery over all fear-based thoughts or emotions. Once you have gained that mastery you can progress into the Spiritual Plane.

The Spiritual Plane

The highest frequency of the fourth dimension is the Spiritual Plane where your Higher Human resides. Your Higher Human consists primarily of Light and holds very little matter. From the perspective of your Higher Human, you are able to pierce the veil between each plane and see your many selves. This process is similar to looking through a house of mirrors to see the many "bodies" of your fourth and third dimensional self.

It is from the Spiritual Plane that the Rainbow Bridge can lift your vibration into the fifth dimension and into your fifth dimensional Lightbody. Your "I AM Presence" guards the threshold of this Bridge, and infinitely waits to guide you across it when you are ready.

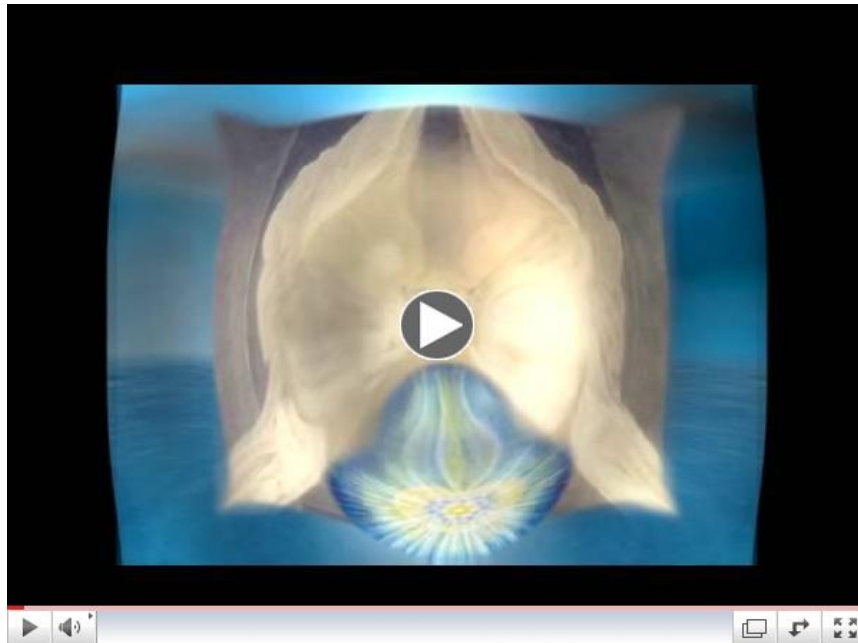
Into New Earth

When you move into fifth-dimensional New Earth you will wear bodies of light. Whether this transformation occurs slowly or suddenly remains to be determined by humanity. Either way, once the transformation begins, many people will be confused. They will then seek guidance from the Lightworkers, such as you, who have faced their fear and darkness and forged ahead into the planes of love and light.

We leave you now to retrace your steps back into your physical world. Remember, it may take what appears to be a long "time" to get to the higher planes, but you can instantly return by thinking about your physical world.



Please enjoy this journey again via audio and visual.



Moving Through The Fourth Dimension



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